

Job Description:

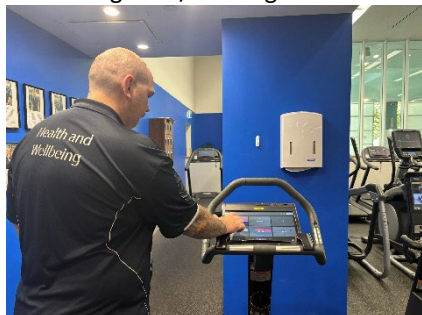
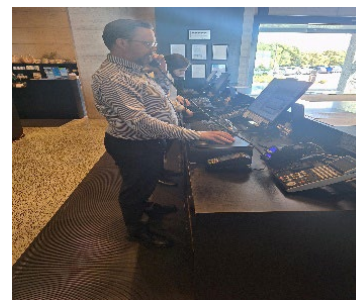
Job overview: The Fitness Centre Attendant is responsible and accountable for supervising health and fitness activities through the provision of quality health and fitness advice and programming, assisting Fitness Centre Management in the effective operation of the RACV Fitness Centre. They also may require completing pool water testing.

Environment: Indoors, around gym, expose to chemicals

Psychosocial demands: Potential exposure to emergency incidents.

Shifts: 6am - 6pm (Site Dependent)

PPE: uniform, close toe shoes

Instructing class/working**Using cleaning equipment****Customer Service at front desk****Key Tasks:**

1. Supervise fitness areas in line with Supervision Plan including guest behaviour, adherence to gym rules to ensure safety of fitness area patrons and staff
2. Actively maintain cleaning standards of all fitness facilities by putting away equipment and cleaning surfaces
3. Instruct personal training or group exercise classes
4. Respond to incidents and provide first aid as necessary
5. Answer customer enquiries face to face or via phone
6. Complete pool testing requirements

Postural Tolerance	O	F	C	Comments
Sit	√			Limited to breaks
Stand			√	At front desk
Walk			√	Around gym area
Kneel	√			Clearing equipment
Squat	√			Clearing equipment
Crawl				N/A
Twist	√			Avoid by moving feet

Material Handling	O	F	C	Comments
Lift		√		Clearing weights (20kgs)
Carry		√		Clearing weights (20kgs)
Push	√			Cleaning gym area
Pull	√			Cleaning gym area
Reach	√			Clearing equipment
Grip	√			Clearing equipment
Dexterity	√			Answering phone calls

Job Modifications:

- Supernumerary shifts
- Limited to front desk work
- Limit number of classes as instructor
- Use of trolley for moving weights and other equipment around fitness area

Alternate Duties:

- Admin tasks