FITNESS CENTRE

RACV HEALESVILLE COUNTRY CLUB

Outdoor Courses at RACV

Now's the time to achieve your health and fitness goals!

ONLY ONE CLUB



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Bootcamp

Challange Yourself

1 session per week - \$13.50

2 sessions per week - \$27 (\$13.50 per session)

2 sessions per week repeat - \$24 (\$12 per session) This course runs for 6 weeks. Beginning with the school term.

Move It or Lose It

Transform Yourself

- 1 session per week \$13.50
- 2 sessions per week \$27 (\$13.50 per session)
- 2 sessions per week repeat \$24 (\$12 per session)

Course length varies to suit the school term.

Express Bootcamp

1 session per week - \$13.50

2 sessions per week - \$27 (\$13.50 per session) This course runs for 3 weeks. Dates and times vary.

To learn about new, upcoming courses please keep an eye out in Highlights or in the gym.

For bookings or enquires call 5969 9383, email fitnesscentrehealesville@racv.com.au or visit our Fitness Centre Reception on Level One.

Prices are valid to June 2016. Repeat prices not available on half course length.



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